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THE CARING HEART

A CARE AND SHARE OF CROOKSTON, INC. PUBLICATION

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Recognitions

A Season of Change, A Season of Growth

As the crispness of fall begins to arrive, we're reminded that change is not only inevitable, but necessary. Just as the seasons shift, so too does our organization continue to grow, adapt, and renew its purpose. This season, we are stepping into a fresh mindset, one of preparation, intentionality, and community connection.

With change on the horizon, we are leaning in and taking proactive steps to sustain and strengthen our mission. One of the key ways we're doing that is through monthly community fundraisers designed not just to generate income, but to deepen relationships, celebrate our shared stories, and invite new faces into our circle of support.

We're excited to kick off this new chapter with a vibrant and heartwarming event: our Community BBQ Fundraiser on Friday, September 13th, from 12:00 PM to 3:00 PM, held just outside by our beautiful community garden. This special afternoon will bring together delicious food, uplifting music, powerful storytelling, and inspiring art, all in celebration of the work we do and the people we serve.

For just $13, you'll enjoy a mouthwatering BBQ rib plate, served with two sides, a sweet dessert, and a refreshing beverage. Tables, chairs, and canopy tents will create a welcoming space for neighbors and friends to gather and share in the joy of togetherness. Because when we break bread as a community, something powerful happens, healing begins, connections form, and hope takes root.

Adding to the experience will be live music from Anthony Diaz, whose soulful sound will set the tone for an afternoon of warmth and connection. Inside, from 1:00 to 2:00 PM, we're honored to welcome author Trinity Lease, who will share from her newly released book Beneath the Silence: A Woman's Journey from Pain to Purpose. Trinity's story of heartbreak, healing, and triumph speaks to the deep resilience within each of us.

We're also proud to unveil a fresh new look in our donation room, featuring artwork by Trey Everett. His powerful pieces explore themes of identity, healing, and hope, echoing the journeys many in our community are on. Don't miss this opportunity to view his work, meet our team, and take a closer look at the programs and services we offer thanks to your support.

This event is not just about raising funds; it's about deepening our shared commitment to one another. Every plate you purchase, every book you buy, every moment you spend with us helps move our mission forward and fuels the work we're so passionate about.

We extend heartfelt thanks to those who've helped make this possible, Board Members Kari B. and Anna C., whose leadership and support continue to drive us forward. Special thanks to Board member Leah W. and the Trinity Church Congregation, Helen and Our Savior's Lutheran Church Congregation, and Leane and Riverview Recovery Center for their generous donations and enduring belief in what we do. Your kindness is the foundation on which our community is built.

So come join us. Bring your friends. Bring your family. Bring your heart. Let's make September 13th a day to remember, full of food, music, art, connection, and purpose. We can't wait to see you there.

With Gratitude-
Carolina Diaz

BBQ

PLATE SALE!! $13.00 PER PLATE
SIDE & BEVERAGE INCLUDED

12-3 pm, September 13th, 2025

220 E. Third St.
Crookston, MN 56716

Join us for an evening of **live music featuring Anthony Diaz, scrumptious rib plates for sale, along with a special unveiling of our stunning new donation room space for the community! Come and see the incredible work that Trey Everett has brought to life!**

****Picnic tables and chairs will be provided***

****All proceeds will support Care and Share operations****

Sponsored by:*

RiverView Health
Exceptional People. Exceptional Care.

Clean Water Land & Legacy Amendment

Northwest Minnesota Arts Council

Our Savior's Lutheran Church
Member of the Lutheran Church Missouri Synod

Trinity Lutheran Church

PLEASE ALSO JOIN US FOR A BOOK READING BY AUTHOR TRINITY LEASE; "BENEATH THE SILENCE"

THIS BOOK WAS INTRIGUING TO THE END .HOW SHE GREW OUT OF HER LIFE SITUATION TO WHAT SHE HAS BECOME TODAY . I RECOMMEND READING BENEATH THE SILENCE

fun for community members of all ages!!

Renovations Projects Manager: Jane Freeman

At Care and Share we have been busy with updates to both of our buildings, all made possible by renovation grants from the State of Minnesota. Some of the more visible outside improvements are new roofs on both buildings, and the start of the elevator installation at the main Care and Share building. Some not so visible, but very important updates include a new boiler system for the Hope Center building and a significant upgrade of the boiler system in the main Care and Share building. We are also in the process of getting new windows for the Hope Center building. We are pleased with our progress towards better accessibility and energy efficiency for our older buildings. This is what the grants were designed to address, and we are well on our way to meeting our renovation goals.

Introducing our New Case Manager!!

Patrice Flodstrom has joined Care and Share as our new Case Manager as of September 2, 2025. Patrice has a varied background that makes her a good fit for the unique needs that arise when working with Care and Share guests. Her background includes Health Services Administration, Sociology and Political Science. She has taught in several levels of the education system from elementary school through college. She is busy at Care and Share learning the ins and outs of client service and referrals together with learning the computer system required by the State of Minnesota for agencies serving people who need assistance with housing. Patrice and her husband and stepdaughter live in the Thief River Falls area. Patrice is originally from Florida but has lived in our northern climate for around 10 years, so she is not a newbie in our cold climate! Welcome Patrice!

Recognizing Volunteers

We are deeply grateful to everyone who has contributed to the Organization in any capacity. Without your support, we would not be able to fulfill our mission of assisting others.

Recognizing Volunteers

A wonderfully organized sidewalk sale by the Care and Share staff proved to be a remarkable success! We are incredibly grateful to everyone who contributed their time, skills, and love; without your support, we wouldn't have achieved such a fantastic outcome!

Board member introductions

My name is Kevin Thompson and I'm fortunate to be a new board member for the Care and Share, starting January 2025. I'm originally from Crookston and after graduating college, I spent 14 years exploring and living in different parts of the country, pursuing more education, and working in training and development positions in two companies in Indianapolis. In 2005, I returned to Crookston after accepting a faculty position at the University of Minnesota Crookston. During my 20 years at U of M Crookston, I've had the opportunity to serve our students, faculty/staff, and alumni in several positions, including faculty, academic administrative leadership, and alumni and donor relations. Being a long-time resident of Crookston, I have always known of the vital work the Care and Share does in the community. I am honored to now be an active participant in its continuing mission to serve.

CARE AND SHARE BOARD OF DIRECTOR'S

KARI BRAULT - BOARD CHAIR
CAROLINA DIAZ - EXECUTIVE DIRECTOR
ANNA CORONA - VICE CHAIR
ANGEL KORYNTA - TREASURER
MIKE ANDERSON - SECRETARY
LEAH WINJUM - DIRECTOR
STEPHEN LARSON - DIRECTOR
KEVIN THOMPSON - DIRECTOR
JON STREET - DIRECTOR

Employee Recognitions

The Care and Share of Crookston, Inc.
&
New Hope Food Shelf

220 E 3rd St Crookston, MN 56716

218-281-2644

HTTPS://WWW.CAREANDSHARECROOKSTON.ORG/

Please scan this QR code to be brought directly to our WEBSITE!!

IF YOU WOULD LIKE TO BE ADDED TO OUR E-NEWSLETTER E-MAILING LIST PLEASE SEND THE EDITOR CANDACE S. AN E-MAIL @ CANDACES@CAREANDSHARECRK.ORG

THE GENEROUS DONATIONS WE RECEIVE, INCLUDING THROUGH THE AMAZON WISH LIST HELP US BETTER MEET THE NEEDS OF OUR GUESTS, THANK YOU TO ALL WHO DONATE THROUGH OUR WISH LIST!!

SCAN me to go to our Amazon Wishlist

HTTPS://WWW.GIVEMN.ORG/DONATE/CARE-AND-SHARE

give MN

To visit our GiveMN site to donate directly & paperless SCAN this QR code

Editor: Candace Sam