

VOLUME 20

March 2026

THE CARING HEART



A CARE AND SHARE OF CROOKSTON, INC. PUBLICATION



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New Hope Food Shelf

Mural unveiling!!

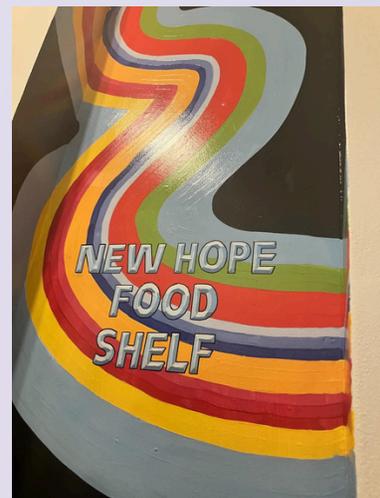


“Where Every Hand Belongs: A Mural of Unity and Shared Humanity”

This March, we are proud to unveil the vibrant new mural installation at the New Hope Food Shelf, made possible through generous grant funding from the Northwest Minnesota Arts Council and brought to life by the extraordinary vision of artist Trey Everett.

At a time when so many of our staff, volunteers, and guests at Care and Share speak openly about uncertainty in the world, about division, displacement, and the fear of not belonging, we knew this space needed to speak louder than words. We wanted our walls to proclaim what we believe at our core: that community is sacred, that dignity is non-negotiable, and that every single person who walks through our doors is worthy of welcome.

We shared our hearts with Trey. We spoke about creating more space, space for unity, for healing, for visibility, for acceptance. Space we're giving and receiving are not transactions but acts of shared humanity. Trey listened deeply. What now surrounds us is more than just paint, it is a reflection of who we are and who we strive to be.





“Seven hands of varying skin tones extend across the main room, each holding a fruit or vegetable arranged in a radiant rainbow. The imagery speaks powerfully to the diversity of humanity, across ethnicity, sex, age, culture, and identity, while the rainbow pattern honors both nourishment of the body and full affirmation of our LGBTQIA community and all historically disempowered groups. Each hand can be seen as offering or receiving, reminding us that community requires both vulnerability and generosity.

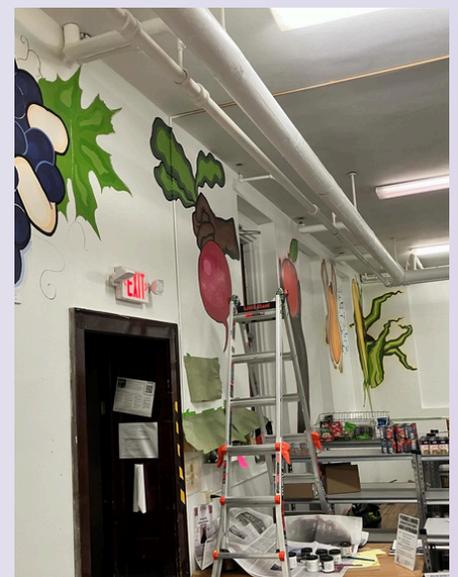
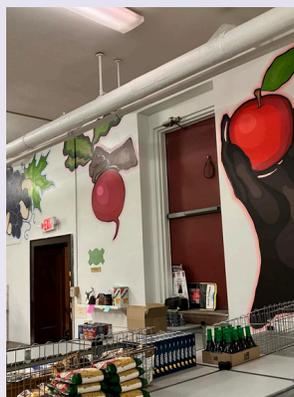
The word “community” appears in seven languages and forms, English, American Sign Language, Palestinian Arabic, Ojibwe, Braille, Spanish, and Somali, declaring that belonging is multilingual, multisensory, and universal. Halo-like outlines elevate the exchange of food to something holy: a divine participation in sustaining one another.”

“In the entryway, flowing colors form abstract “C” and “S” shapes, Care and Share, enveloping guests in welcome before a single word is spoken. And in the most vibrant section, six hands form a heart around the name New Hope Food Shelf, creating a living symbol of collective care. It is already becoming a gathering point, a place for photos, for joy, for connection.”

Trey has captured the energy that lives within our hearts and souls. This mural does not simply decorate our space, it transforms it. It tells every guest: You are seen. You are valued. You belong here.

We extend our deepest gratitude to Trey for listening so intentionally and translating community voice into visual truth. Because of this work, our guests feel welcomed with dignity and surrounded by hope. We invite everyone to visit, stand within these colors, and experience firsthand the powerful impact this installation is having on all who enter. In uncertain times, this mural is a bold declaration: community is alive, and it is beautiful.

With Gratitude, Carolina Diaz



LIVED EXPERIENCE



I TRIED TO COME TO CARE AND SHARE, I WAS HOMELESS BECAUSE I MOVED IN WITH MY GIRLFRIEND AND I GAVE UP MY APARTMENT AND SHE CHEATED ON ME SO WHEN WE SEPARATED IT LEFT ME WITHOUT A PLACE TO STAY.

I WOULD LIKE PEOPLE TO KNOW THAT CARE AND SHARE WILL HELP YOU IF YOU WORK THE PROGRAM IT WIL HELP YOU BETTER YOUR LIFE.

THE MOST HELPFUL FOR ME WHEN I WAS AT CARE AND SHARE WAS THE STAFF MAKING SURE THAT I TOOK CARE OF MY RESPONSIBILITIES AND DUTIES WHILE I WAS AT THE CARE AND SHARE.

CARE AND SHARE IS DIFFERENT FROM OTHER SHELTERS BECAUSE THEY ACTUALLY CARE ABOUT THE GUESTS AND THEY WANT TO SEE THEM SUCCEED.

CARE AND SHARE HELPED ME TO SUCCEED BY SHOWING ME AND GIVING ME THE RESOURCES FOR A PRODUCTIVE AND HEALTHY LIFE, TO HELP ME FIND A PLACE TO STAY, GAVE ME A JOB SO I CAN SUCCEED IN LIFE, MY LIFE HAS BEEN WONDERFUL, I'M NOW STABLE WITH INCOME ALL THANKS TO CARE AND SHARE

JAMES

C.



Recognizing Volunteers



Recognizing Donors

- Grove Mechanical
- Shirley Brekken
- Amy Ellingson
- Knights of Columbus COUNCIL 8280
- John Brouillard

- Dan & Laurie Wilson
- Jean Normandin
- Jeanette Kliner
- Marti Newquist
- Maple Bay Free Church Ladies Aid

EMPLOYEE RECOGNITIONS



A red poster with gold decorative flourishes. At the top center is a circular logo with a heart and the letters 'CS'. Below it, the text reads 'MARCH 2026 EMPLOYEE OF THE MONTH'. In the center is a photo of a woman with glasses and a blue and red top, surrounded by a pink floral wreath. Below the photo is the text 'Case Manager'. Surrounding the photo are several testimonials in quotes. At the bottom, the company name and address are listed.

MARCH 2026 EMPLOYEE OF THE MONTH

"So helpful, understanding, and kind- Makes a great worker at the Care and Share. Very patient! Thank you for all you do and have done!" -Kathryn

"Excellent attitude always willing to help. Great attitude."

"She does very good work, top tier organization and an amazing person to work alongside!" -Candace

"Patrice is very helpful and understanding of the guest's needs." - James

"Patrice is a hard worker under extreme circumstances and she is very organized!" -Jayden

"She has very good organization and she stays on top of what the guests need." -Klarissa

Case Manager

The Care and Share of Crookston, Inc. 220 E. 3rd St. Crookston, MN 56716

Board of Directors

- Kari Brault – Chair
- Anna Corona – Vice Chair
- Angel Korynta – Treasurer
- Mike Anderson – Secretary
- Dede Butenhoff – Director
- Kevin Thompson – Director
- Stephen Larson – Director
- Leah Winjum – Director

THE CARE AND SHARE OF CROOKSTON, INC.
220 E 3RD ST.
CROOKSTON, MN 56716
218-281-2644
FAX 218-281-5795

[HTTPS://WWW.CAREANDSHARECROOKSTON.ORG/](https://www.careandsharecrookston.org/)

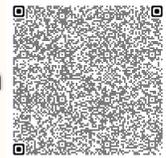
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OUR E-NEWSLETTER E-MAILING LIST
PLEASE SEND THE EDITOR CANDACE
S. AN E-MAIL @
CANDACES@CAREANDSHARECRK.ORG

THE GENEROUS DONATIONS WE RECEIVE,
INCLUDING THROUGH THE AMAZON WISH LIST HELP
US BETTER MEET THE NEEDS OF OUR GUESTS,
THANK YOU TO ALL WHO DONATE THROUGH OUR
WISH LIST!!

SCAN me to go to
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Wishlist**



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Editor: Candace Sam